**I WAS HOOKED!**

by Rhiannon Boyd

I love your site! Thanks so much for taking the time to put these resources out there for folks like me! I am an avid runner. I have completed numerous marathons, but just this year have become interested in trail running and Ultras. I did my first 50K in Bandera, Texas, in January. It was pretty tough! I didn't expect to make it past mile 10 or so, but to my amazement, trails didn't hurt my back and knees near like road running had. WOW! I was hooked! I am running a 60K in June at night. I am a little skeptical about the darkness, but I am excited for the challenge of doing something new. Thanks for your help.